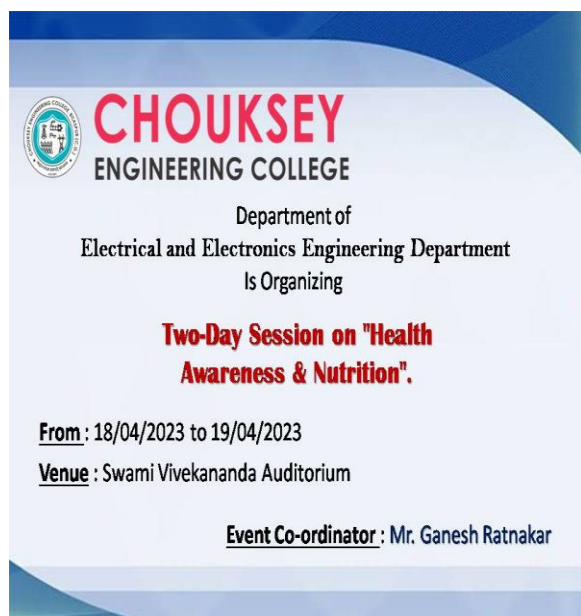


REPORT

Title	Two-Day Session on "Health Awareness & Nutrition".
Type of Activity	Life Skill
Date	18/04/2023 to 19/04/2023
Venue	Swami Vivekananda Auditorium
Organized By	Electrical and Electronics Engineering Department
Resource Person	Dr. Dheeraj Ahirwar
Participated By	B. Tech 3 rd Year Student
No. of Students Participated	130
Program Objective	To enhance participants' understanding of health and nutrition, promote healthy lifestyle choices, and provide practical knowledge on maintaining balanced diets.
Program Outcome	By the end of this session: <ol style="list-style-type: none"> 1. Students learned a comprehensive understanding of the relationship between nutrition and health, learning how to make informed dietary choices. 2. They are acquired with practical tips and strategies for incorporating healthy eating habits and physical activities into their daily routines. 3. Participants left the session with increased knowledge and motivation to embrace healthier lifestyles, resulting in better long-term health outcomes.



CHOUKSEY
ENGINEERING COLLEGE

Department of
Electrical and Electronics Engineering Department
Is Organizing

Two-Day Session on "Health Awareness & Nutrition".



From : 18/04/2023 to 19/04/2023
Venue : Swami Vivekananda Auditorium

Event Co-ordinator : Mr. Ganesh Ratnakar



Students of B. Tech 3rdYear Attending Two-Day Session on "Health Awareness & Nutrition" from date 18/04/2023 to 19/04/2023.

REPORT	
Title	Workshop on "Yoga for Life".
Type of Activity	Life Skill
Date	07/02/2023 to 08/02/2023
Venue	B. R. Ambedkar Auditorium
Organized By	Sport Department
Resource Person	Dr. Sheikh Shahid
Participated By	B. Tech 3rd Year Student
No. of Students Participated	124
Program Objective	To introduce participants to the principles and practices of yoga, promoting physical fitness, mental well-being, and stress reduction through regular yoga routines.
Program Outcome	Outcomes from this workshop are: 1. Participants gained an understanding of yoga's principles and practices, along with its holistic benefits. 2. Participants are left equipped with the skills and motivation to integrate yoga into their daily lives for enhanced overall well-being. 3. Attendees learned and practiced various yoga poses, breathing techniques, and mindfulness exercises.

 <p>CHOUKSEY ENGINEERING COLLEGE</p> <p>Department of Sport Department is Organizing</p> <p>WORKSHOP ON "YOGA FOR LIFE".</p> <p>Venue : B. R. Ambedkar Auditorium</p> <p>From : 07/02/2023 to 08/02/2023</p> <p>Event Co-ordinator: Miss Neha Patnaik</p>	
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Students of B. Tech 3rdYear Attending Workshop on "Yoga for Life" from date 07/02/2023 to 08/02/2023.

REPORT


Title	Workshop on "Entrepreneurship & Innovation as Career Opportunity".
Type of Activity	Life Skill
Date	25/11/2022 to 26/11/2022
Venue	Swami Vivekananda Auditorium
Organized By	Training and Placement Cell
Resource Person	Mr. Vinod Kumar Kharsan
Participated By	B. Tech 3rd Year Student
No. of Students Participated	112
Program Objective	To inspire and equip participants with the knowledge and skills necessary to pursue entrepreneurship, fostering innovative thinking and the ability to identify and develop viable business opportunities.
Program Outcome	At the end of this workshop students are delivered with: 1. Gained insights into the entrepreneurial mindset and the importance of innovation in creating successful businesses. 2. Attendees learned practical skills for developing business ideas, creating business plans, and navigating the start up ecosystem. 3. Students are acquired with the confidence and motivation to pursue entrepreneurial opportunities and apply innovative thinking in their careers.




CHOUKSEY ENGINEERING COLLEGE
 Department of Training and Placement Cell is organizing
Workshop on "Entrepreneurship & Innovation as Career Opportunity".
 From : 25/11/2022 to 26/11/2022
 Venue : Swami Vivekananda Auditorium
 Event Co-ordinator :
Mr. Gyan Prakash

Students of B. Tech Year Attending Workshop on "Entrepreneurship & Innovation as Career Opportunity" from date 25/11/2022 to 26/11/2022.

REPORT	
Title	Online workshop on "3D Printing Technology for Entrepreneurship & Life Skill Development" .
Type of Activity	Life skills
Date	08/03/2022 to 10/03/2022
Organized By	Mechanical Department
Resource Person	Dr. Shailesh Dewangan
Participated By	B. Tech 3 rd Year Student
No. Students Participated	105
Program Objective	The online workshop on "3D Printing Technology for Entrepreneurship & Life Skill Development" aims to equip participants with foundational knowledge of 3D printing technology, foster entrepreneurial thinking, and enhance life skills for innovation and personal growth.
Program Outcome	<ol style="list-style-type: none"> 1. Participants will understand the basics of 3D printing technology and its various applications. 2. Attendees will gain practical skills to design and create 3D-printed objects, fostering creativity and problem-solving. 3. Participants will learn to identify business opportunities and develop entrepreneurial strategies using 3D printing technology.



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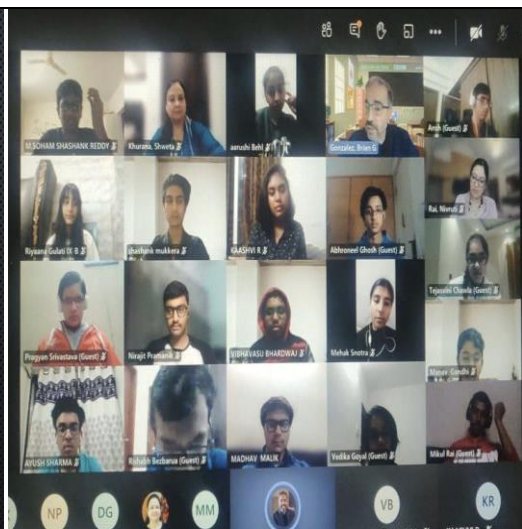
ENGINEERING COLLEGE

Department of Mechanical Department is organizing

Online workshop on "3D Printing Technology for Entrepreneurship & Life Skill Development"

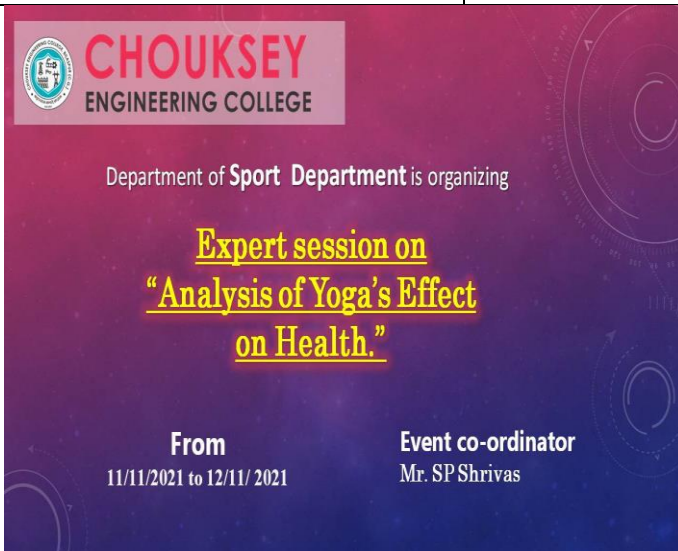
From : 08/03/2022 to 10/03/2022

Event Co-Ordinator : Mr. Chitrakant Tiger



Students of B. Tech 3rd Year Attending Online workshop on "3D Printing Technology for Entrepreneurship & Life Skill Development" from date 08/03/2022 to 10/03/2022.

REPORT	
Title	Expert session on “Analysis of Yoga’s Effect on Health”
Type of Activity	Life skills
Date	11/11/2021 to 12/11/ 2021
Organized By	Sport Department
Resource Person	Dr. Shankar Yadav
Participated By	B. Tech 3 rd Year Student
No. Students Participated	110
Program Objective	The expert session on "Analysis of Yoga’s Effect on Health" aims to provide participants with an understanding of the scientific principles behind yoga, its impact on physical and mental health, and practical techniques to incorporate yoga into daily routines for overall well-being.
Program Outcome	<ol style="list-style-type: none"> 1. Students will understand the scientific basis of yoga and its health benefits. 2. Attendees will learn practical yoga techniques for improving physical and mental well-being. 3. Students can incorporate yoga practices into their daily routines to enhance overall health.



CHOUKSEY
ENGINEERING COLLEGE

Department of Sport Department is organizing

**Expert session on
“Analysis of Yoga’s Effect
on Health.”**

From 11/11/2021 to 12/11/ 2021

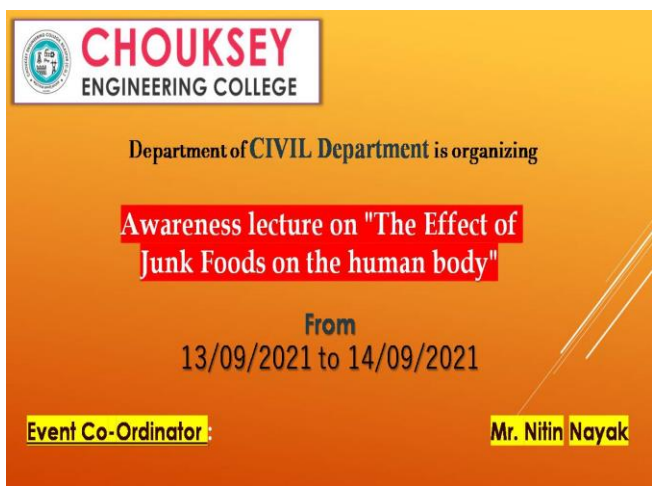
Event co-ordinator
Mr. SP Shrivastava



Students of B. Tech 3rd Year Attending Expert session on “Analysis of Yoga’s Effect on Health” from date 11/11/2021 to 12/11/ 2021.

REPORT

Title	Awareness lecture on "The Effect of Junk Foods on the human body"
Type of Activity	Life skills
Date	13/09/2021 to 14/09/2021
Organized By	CIVIL Department
Resource Person	Dr. Kritika Verma Singh
Participated By	B. Tech 3 rd Year Student
No. Students Participated	120
Program Objective	The awareness program on "Effect of Junk Foods on the Human Body" aims to educate participants about the health risks associated with consuming junk foods, promote healthy eating habits, and encourage lifestyle changes for improved well-being.
Program Outcome	<ol style="list-style-type: none"> 1. Participants will understand the negative health impacts of junk food consumption. 2. Attendees will learn about the benefits of balanced nutrition and healthy eating habits. 3. Participants will be motivated to make informed dietary choices and adopt healthier lifestyles.



CHOUKSEY
ENGINEERING COLLEGE

Department of CIVIL Department is organizing

Awareness lecture on "The Effect of Junk Foods on the human body"

From
13/09/2021 to 14/09/2021

Event Co-Ordinator : **Mr. Nitin Nayak**



Students of B. Tech 3rd Year Attending Awareness lecture on "The Effect of Junk Foods on the human body" from date 13/09/2021 to 14/09/2021

REPORT

Title	Webinar on "Stress Management & Importance of Vaccination".
Type of Activity	Life Skill
Date	22/04/2021 to 23/04/2021
Organized By	Computer Science & Engineering Department
Resource Person	Dr. Ritesh Jain
Participated By	B. Tech 3rd year student
No. of Students Participated	100
Program Objective	This webinar creates awareness to educate participants on effective stress management techniques and highlights the critical role of vaccinations in maintaining public health and personal well-being.
Program Outcome	By the end of this webinar: <ol style="list-style-type: none"> 1. Students acknowledged practical strategies for managing stress and promoting mental and emotional well-being. 2. Attendees completely understood the importance of vaccinations and their impact on individual and community health. 3. They were left with enhanced knowledge and tools to manage stress effectively and make informed vaccination decisions.



CHOUKSEY
ENGINEERING COLLEGE

DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING
IS CONDUCTING

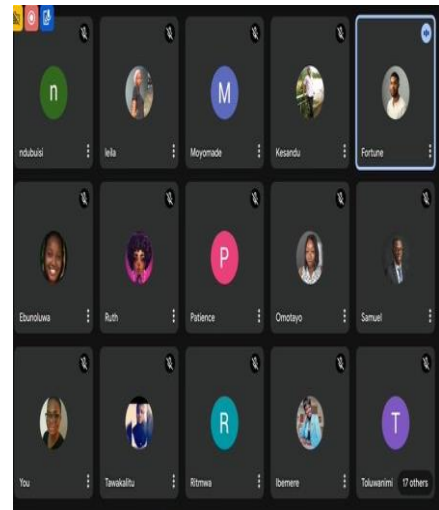
A WEBINAR
ON

"STRESS MANAGEMENT & IMPORTANCE OF VACCINATION"

Resource Person: Dr. Ritesh Jain

Event Coordinator: Mr. Nilesh Gupta

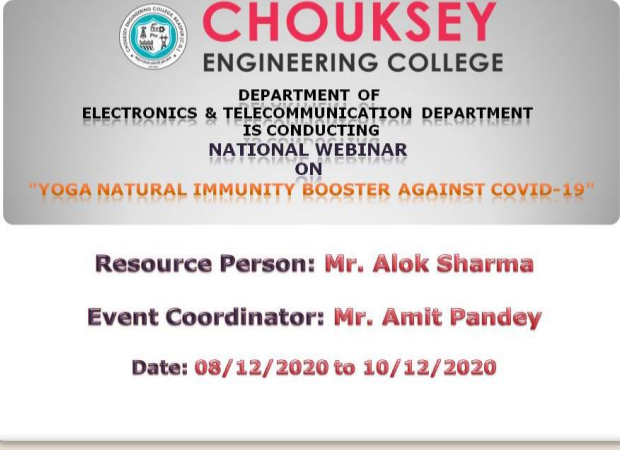
Date: From 22/04/2021 to 23/04/2021



Students of B. Tech 3rd Year Attending Webinar on "Stress Management & Importance of Vaccination" from date 22/04/2021 to 23/04/2021.


REPORT

Title	National Webinar on "YOGA Natural Immunity Booster against COVID-19".
Type of Activity	Life Skill
Date	08/12/2020 to 10/12/2020
Organized By	Electronics & Telecommunication Department
Resource Person	95
Participated By	Mr. Alok Sharma
No. of Students Participated	B. Tech 3rd year student
Program Objective	The national webinar aims to educate participants on the benefits of yoga in strengthening the immune system and promoting overall health as a preventive measure against COVID-19.
Program Outcome	Program outcomes from this webinar: <ol style="list-style-type: none"> 1. Participants learned how yoga practices can enhance natural immunity and support overall well-being. 2. They all were able to understand specific yoga techniques and routines designed to boost immune function and reduce stress. 3. Participants left with practical knowledge and motivation to incorporate yoga into their daily routines to support their immune health against COVID-19.



CHOUKSEY
ENGINEERING COLLEGE
DEPARTMENT OF
ELECTRONICS & TELECOMMUNICATION DEPARTMENT
IS CONDUCTING
NATIONAL WEBINAR
ON
"YOGA NATURAL IMMUNITY BOOSTER AGAINST COVID-19"

Resource Person: Mr. Alok Sharma
Event Coordinator: Mr. Amit Pandey
Date: 08/12/2020 to 10/12/2020



Students of B. Tech 3rd Year Attending National Webinar on "YOGA Natural Immunity Booster against COVID-19" from date 08/12/2020 to 10/12/2020.

REPORT

Title	Seminar on “The Influence of Lifestyle Adjustments on Human Health”.
Type of Activity	Life Skill
Date	21/10/2020 to 22/10/2020
Organized By	CIVIL Department
Resource Person	Dr. Abhishek Singh
Participated By	B. Tech 3rd year student
No. of Students Participated	110
Program Objective	The main objective of this seminar is to educate participants on the impact of lifestyle changes on overall health and well-being, providing practical strategies for incorporating positive adjustments into daily life.
Program Outcome	Participants were able to address: <ol style="list-style-type: none"> 1. Students gained an understanding of how lifestyle factors such as diet, exercise, sleep, and stress management affect health. 2. Students learned practical tips and strategies for making sustainable lifestyle adjustments to improve their physical and mental well-being. 3. Participants left motivated and equipped with the knowledge to implement healthy lifestyle changes that promote long-term health benefits.



CHOUKSEY
ENGINEERING COLLEGE

**CIVIL ENGINEERING DEPARTMENT
IS CONDUCTING**

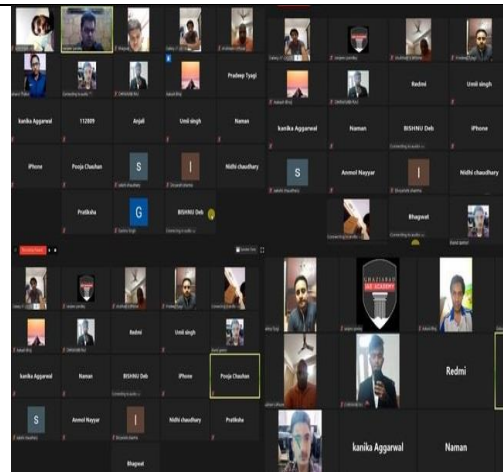
**Seminar
on**

**“The Influence of Lifestyle
Adjustments on Human
Health”**

Date: 21/10/2020 to 22/10/2020

Resource Person: Dr. Abhishek Singh

Event Coordinator: Mr. V. Somesh



Students of B. Tech 3rd Year Attending Seminar on “The Influence of Lifestyle Adjustments on Human Health” from date 21/10/2020 to 22/10/2020.

REPORT

Title	Webinar on "Stress Management & Immunity Boosting through Sahaj Yoga Meditation".
Type of Activity	Life Skill
Date	04/05/2020 to 05/05/2020
Organized By	Sport Department
Resource Person	Miss Kanchan Chauhan
Participated By	B. Tech 3 rd year students
No. of Participants	100
Program Objective	To introduce participants to the principles and practices of Sahaj Yoga for effective stress management and immunity boosting and to provide practical techniques and exercises that participants can incorporate into their daily routines to enhance their mental and physical well-being.
Program Outcome	The outcomes we got from this webinar: <ol style="list-style-type: none"> 1. Students were able to understand a comprehensive understanding of Sahajyoga & its application in managing stress and boosting immunity. 2. Students had thorough practical skills in Sahaj Yoga techniques, enabling them to reduce stress and improve their immune systems. 3. Participants are equipped with knowledge of the scientific aspects of Sahaj Yoga, empowering them to make informed decisions about their health and wellness practices.




CHOUKSEY
ENGINEERING COLLEGE
 Department of Sports
Is
Organizing
Webinar on "Stress Management & Immunity Boosting through Sahajyoga Meditation"
 On
 From : 04/05/2020 to 05/05/2020
Resource Person: Miss Kanchan Chauhan
Event Coordinator: Mr. Sheikh Shahid



Students of B. Tech 3rd Year Attending Webinar on "Stress Management & Immunity Boosting through Sahaj Yoga Meditation" from date 04/05/2020 to 05/05/2020.

REPORT

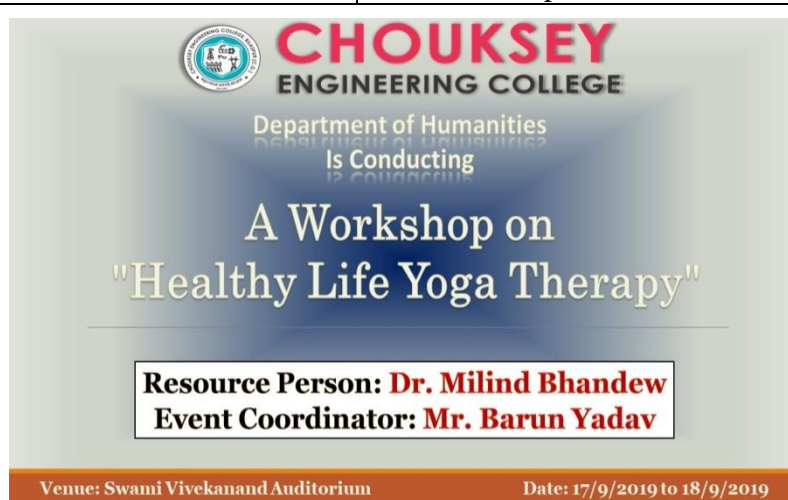
Title	Expert Lecture on "The Importance of Entrepreneurship in Modern Education".
Type of Activity	Life Skill
Date	26/11/2019 to 27/11/2019
Organized By	Computer Science & Engineering Department
Venue	Swami Vivekananda Auditorium
Resource Person	Mr. RakeshKuttan
Participated By	B. Tech 3rd year students
No. of Participants	110
Program Objective	To highlight the significance of entrepreneurship in modern education and its role in fostering innovation and economic growth and To explore the impact of entrepreneurial education on student's career prospects and personal development.
Program Outcome	Outcomes gained by this lecture: <ol style="list-style-type: none"> 1. Students gained a comprehensive understanding of the importance of entrepreneurship in today's educational landscape and its benefits for students and society. 2. Participants developed an entrepreneurial mindset, including skills such as creativity, risk-taking, and problem-solving, which are essential for success in various fields. 3. Participants equipped with knowledge on how to incorporate entrepreneurial principles into their teaching practices or learning experiences, enhancing their ability to innovate and lead in their respective domains.



Students of B. Tech 3rd Year Attending Expert Lecture on "The Importance of Entrepreneurship in Modern Education" from date 26/11/2019 to 27/11/2019.

REPORT


Title	Workshop on "Healthy Life Yoga Therapy"
Type of Activity	Life Skill
Date	17/09/2019 to 18/09/2019
Organized By	Humanities Department
Venue	Swami Vivekananda Auditorium
Resource Person	Dr. Milind Bhandew
Participated By	B. Tech 3 rd year students
No. of Participants	105
Program Objective	To introduce participants to the fundamental principles and practices of yoga therapy for promoting a healthy lifestyle and to provide practical techniques and exercises that participants can incorporate into their daily routines to enhance their physical and mental well-being.
Program Outcome	<ol style="list-style-type: none"> 1. Students were educated with a comprehensive understanding of yoga therapy and its application in maintaining a healthy lifestyle. 2. Participants developed practical skills in various yoga techniques, enabling them to manage stress, improve flexibility, and enhance their overall well-being. 3. Participants acknowledged knowledge of the scientific aspects of yoga therapy, empowering them to make informed decisions about their health and wellness practices.




Students of B. Tech 3rd Year Attending Workshop on "Healthy Life Yoga Therapy" from date 17/09/2019 to 18/09/2019.

REPORT

Title	Training program on "Skill Development for Self-Employment".
Type of Activity	Life Skill
Date	14/03/2019 to 16/03/2019
Venue	Swami Vivekananda Auditorium
Organized By	Training and Placement Cell
Resource Person	Mr. Rajesh Kuttan
Participated By	B.Tech 3 rd year students
No. of Participants	130
Program Objective	To provide students with a thorough understanding of the essential skills required for successful self-employment and encourage the students with practical tools & techniques for developing and managing their businesses.
Program Outcome	Outcomes from this Training Program: 1. Students are acknowledged with a solid foundation in entrepreneurial skills, including business planning, financial management, and marketing. 2. Participants amplified their ability to identify and evaluate self-employment opportunities, creating viable business plans. 3. Their skills are developed with practical skills to manage and grow their businesses, ensuring long-term sustainability and success.



CHOUKSEY
ENGINEERING COLLEGE

Training and Placement Cell
Is Organizing

**TRAINING PROGRAM
ON
"SKILLS DEVELOPMENT FOR SELF EMPLOYMENT"**

From
Date: 14/03/2019

To
Date: 16/03/2019

Resource Person:- **Mr. Rajesh Kuttan**

Event Coordinator:- **Mr. Gyan Prakash**

Venue:- **SWAMI Vivekanand Auditorium**



Students of B. Tech 3rd Year Attending Training program on "Skill Development for Self-Employment" from date 14/03/2019 to 16/03/2019.

REPORT

Title	Seminar on "Benefits of Yoga for Student Life".
Type of Activity	Life Skill
Date	02/11/2018to 03/11/2018
Venue	B. R. Ambedkar Auditorium
Organized By	Sport Department
Resource Person	Mr. S. P. Rajak
Participated By	B.Tech 3 rd year students
No. of Participants	140
Program Objective	Educating students on how specific yoga practices can enhance concentration, reduce stress, and improve overall academic performance also provide them with an understanding of the technical aspects and principles of yoga and its benefits for physical and mental well-being.
Program Outcome	The outcome s for students from this seminar are: <ol style="list-style-type: none"> 1. Participants acquired a strong understanding of yoga principles and practices, recognizing its comprehensive benefits for student life. 2. They developed practical skills in various yoga techniques, which will help them manage stress, enhance concentration, and maintain physical health. 3. Additionally, participants learned how consistent yoga practice can positively impact their academic performance and personal development, promoting a balanced and healthy lifestyle.



CHOUKSEY

ENGINEERING COLLEGE

**SPORTS DEPARTMENT
IS CONDUCTING**

**Seminar
on
Benefits of Yoga for Students
Life**

Date: 02/11/2018 to 03/11/2018

Resource Person: Mr. S. P. Rajak

Event Coordinator: Dr. Sheikh Shahid

Venue: B. R. Ambedkar Auditorium



Students of B. Tech 3rd Year Attending Seminar on "Benefits of Yoga for Student Life".from date 02/11/2018to 03/11/2018.

REPORT

Title	Workshop on "Fire Safety Program".
Type of Activity	Life Skill
Date	27/08/2018 to 28/08/2018
Venue	College Campus Ground
Organized By	Mechanical Department
Resource Person	Mr. S.P. Srivas
Participated By	B.Tech 3 rd year students
No. of Participants	135
Program Objective	To educate students on the correct usage and maintenance of fire safety equipment, such as fire extinguishers, alarms, and sprinkler systems. Also show them practical skills and protocols for emergency response, evacuation procedures, and risk assessment in various environments.
Program Outcome	<p>Program Outcomes are:</p> <ol style="list-style-type: none"> 1. Participants gained a proper understanding of the technical principles of fire safety, including prevention, detection, and suppression techniques. 2. Attendees learned the proper usage, maintenance, and technical details of fire safety equipment, enhancing their preparedness in case of a fire emergency. 3. Participants departed with the practical skills and knowledge necessary to effectively handle fire emergencies, carry out evacuations, and perform risk assessments, thereby enhancing overall safety.



CHOUKSEY
ENGINEERING COLLEGE

Department of Mechanical Engineering
Is
Organizing
Workshop
on
Fire Safety Program

On
From : 27/08/2018 to 28/08/2018

Resource Person: Mr. S.P. Srivas
Event Coordinator: Mr. Amit Vishwakarma

Venue: College Campus Ground



Students of B. Tech 3rd Year Attending Workshop on "Fire Safety Program" from date 27/08/2018 to 28/08/2018.